

LEARNING IN LITTLE MOMENTS

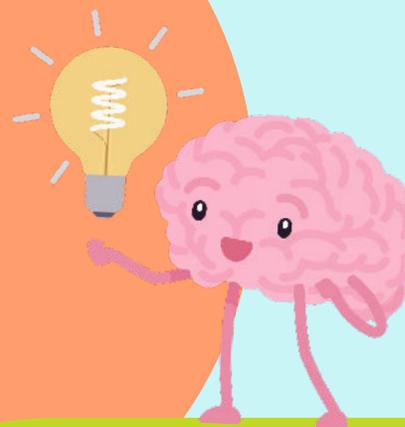
EARLY DAYS, BIG DEVELOPMENT

COUNT, COMPARE, AND EXPLORE!

- Compare big and small objects
 - Ask, "Whose hands are big and whose are small?"
- Count fingers and toes
 - Make it fun! Use different voices as you count to 10
- Make up a math song
 - Add counting and rhymes to routines like diaper changes
- Find the pattern
 - Use clothing to explore patterns like stripes and dots
- Link words with actions
 - When lifting your child, say "up, up, up," and when lowering them, say "down, down, down!"

Everyday moments are learning moments!

Try these playful ideas to build math and language skills through regular interactions



SEE, SAY, SING, PLAY

- Describe what you see!
 - Use descriptive words to talk about what your child is looking at
- Sing and clap together!
 - Sing and play "Head Shoulders Knees and Toes"
- Play Peek a Boo!

