

# Digital Education

## For Children

01

### Online Security

Teach children to be careful in online friendships and not share personal information with anyone.



02

### Positive Benefits of Technology

Teach children how to navigate the internet, access online learning resources, and develop creativity through educational applications.

03

### Online Ethics

Teach children to respect other people's opinions and avoid cyberbullying behavior.



04

### Healthy Screen Time

Teach children to be able to manage their daily screen time. Don't forget to include physical rest and activities outside the home.



05

### Parental Guidelines

Guidelines for parents include being actively involved in children's digital activities, limiting personal technology use, and teaching the concept of digital responsibility.



Good digital education helps children develop positive and wise skills when using technology!

source: [digitalwellnesslab.org](https://digitalwellnesslab.org)



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